

Term 3 Holidays September 22nd - September 26th Week 1 ONLY

-	<u>Monday 22nd</u>	<u>Tuesday 23rd</u>	<u>Wednesday 24th</u>	<u>Thursday 25th</u>	<u>Friday 26th</u>
9AM - 12PM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	PRESCHOOL 9.30-11am
12PM - 3PM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	

Term 3 Holiday Program OPEN to the Public September 22nd - 26th 2025

-	<u>Monday 22nd</u>	<u>Tuesday 23rd</u>	<u>Wednesday 24th</u>	<u>Thursday 25th</u>	<u>Friday 26th</u>
OPEN to the PUBLIC	3.30pm - 5pm Silks Holiday Program	3.30- Parkour Beginners 4.30-5.30 Parkour Intermediate	3.30-4.30 OPEN Tumbling 4.30-5.30 OPEN Tumbling	3.30 - 5pm Silks Holiday Program	1pm - 3pm Cheerleading

Competitive ONLY Holiday Program September 22nd - 26th 2025

-	<u>Monday 22nd</u>	<u>Tuesday 23rd</u>	<u>Wednesday 24th</u>	<u>Thursday 25th</u>	<u>Friday 26th</u>
3.30 - 5.45 Competitive only	GIANTS Workshop	ACROBATICS (vault)	LEARN TO KIP!	ACROBATICS (beam)	ACROBATICS (floor)
3.30 - 5.45 Competitive only				STEP 1 NEW!	STEP 1 ROUTINES