	Gisborne	Gymnastics Club Ti	metable Term	1 2025	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9 - 10:30am		9:30 - 10am	9:30 - 10:15am	9:30 - 11am	
Preschool		Tiny Tumblers	Structured	Preschool	
			Preschool Class		
Open Gym		Class		Open Gym	
Jon		Kendra	Jon/Kendra	Jon	
		10:15 - 10:45am	10:15 - 10:45am		10:30-11:15am
		Tiny Tumblers	Structured		Structured
		Class	Preschool Class		Preschool Class
		Kendra	Jon/ Kendra		Alissa
					10:30 - 11:30am
					Rec 1 & 2
					Capria/ Miriam / (Alissa)
	1:30 - 2:15pm				(Autobu)
	Structured				
	Preschool Class				
	Jon				
3:30 - 4:30pm	3:30 - 4:15pm	3:30 - 4:30pm	3:30 - 4:15pm	3:30 - 4:30pm	
	Structured	Rec 1	Structured	Rec 2 - 6	
Rec 1 & 2	Preschool Class		Preschool Class		
Summer / Alia /		Summer/ Catalina /			
Nic (Stephanie)	Nic	(Crystal)	Kendra	Summer / Arabella	
4:30 - 5:30pm	3:30 - 4:30pm	4:30 - 5:30pm	3:30 - 5:30pm	3:30 - 6:30pm	
Rec 2 - 6	Rec 1	Rec 2 - 6	Step 1	Step 4+	
Summer / Alia /					
Ella (Stephanie)					
	Caalaa/Miniana/	Commence of Controlling of			
0.00 5.00	Sacha/ Miriam /	Summer/ Catalina /	Nia /7aua	Kaalu.	
3:30 - 5:30pm	Catalina 4:30 - 5:30pm	(Crystal)	Nic / Zeva	Keely	
Step 1	4.30 - 3.30pm	3:30 - 5:30pm	3:30 - 6:30pm	5pm - 6pm Open Adults	
	Rec 2 - 4			Gym/Conditionin	
Jon / Zeva / Capria		Steps 2 - 3	Step 4+	with Keely	
4:30 - 6:30pm	Sacha/ Catalina	Jon / Georgia	Jon	Keely	
Step 2 - 3	4:30 - 6:30pm	3:30 - 6:30pm	5:30 - 6:30pm	Recty	
Step 2 - 3	4.50 - 0.50pm	3.30 - 0.30pm	LEVEL PROGRAM		
	Step 2-3		Under 12		
Nic/ Capria	01000 2 0	Step 4+	0.1.00. 12		
		(Floor and Beam			
5:45 - 6.30pm	Keely / Miriam	Artistic Elements)	Nic		
Voluntury .					
Conditioning Ste					
4+	3:30 - 6:30	Nic	4:30 -5:30pm		
Nic	Step 4+	5:30 - 6:30pm	Silks		
		Tumbling			
5:30 - 6:30pm	Jon	Beginners	Level 1		
Tumbling					
Intermediate	4:30 - 5:30pm		Sacha		
Jon	Parkour Beginners	Jon/ Georgia	5:30 - 6:30pm		
			0:11		
3:30 - 4:30pm			Silks Preformance		
Silks Level 3	Nic				
4.00 5.00	5:30-6:30pm		Sacha		
4:30 - 5:30pm	Parkour Advanced				
Silks Level 2					
5.00	Nic		ODEN CVA	0	D (T 1 ::
5:30 - 6:30pm	6:30 - 7:30pm		OPEN GYM	Competitive	Rec / Tumbling
Cille	LEVEL PROGRAM		Lovels	Dorkovii	Droochaal
Silks	Over 12		Levels	Parkour	Preschool
Performance	Nic	J			